#### Dept of Food Science



#### **Presentation structure**

- · Introduction :Ultrasonic emulsification
- WPC emulsions pH 7 Stabilizers (model emulsions)

• WPI emulsions pH 4 –Time & Amplitude (similar conditions with dressings)

### Food design : not only calories

# Ultrasonic emulsification



#### Ultrasonic emulsification

#### <u>Advantages (+) Vs Conventional methods</u>

- · Small droplet (up to 200nm), narrow distribution  $\Box$  increased stability
- · Little or no surfactant
- Power efficiency

#### Process considerations

- Rheology limitations (continuous/dispersed phase viscosity, polymer degradation)
- Over-processing (re-coalescence)
- Thermal denaturation (e.g. proteins)

#### WPC model emulsions, ph 7

- · Coarse emulsions : 3% WPC, 20% olive oil, 0.25 & 0.5% gums:
- -Xanthan (XG)
- -Guar (GG)
- -Locust bean (LBG)
- Sonication :
  -method A □ 70% amplitude/2min (~11.5 kJ)
  -method B □ 70% amplitude/3min+90%-1min (~25.7 kJ)
- · Analysis

Multiple light scattering (MLS), Diffusion NMR, Light Microscopy, Stress-controlled rheology.



·Ultrasound disrupts gum flocs

O.25%□weak structure, induce depletion flocculation

•0.5%□ stronger network, fewer gaps, methods A&B similar structure

### Oil droplet size

% Gum		Method A D50 (μm)	Method B D50 (μm)
XG	0.25	1.107a	0.832a
	0.5	1.325b	0.786a
GG	0.25	1 <b>.</b> 093a	0.843a
	0.5	1.330b	<b>0.</b> 771a
LBG	0.25	1.018c	0.876a
	0.5	1.077a	0.615b

- Gum concentration affects droplet size (method A), viscosity limitation
- method B  $\square$  D50<1  $\mu$ m
- LBG □ most effective in reducing droplet size



# Effect of sonication method on emulsion viscosity

Viscosity:XG>LBG>GG

 Increase of sonication time and amplitude (method B) reduces viscosity
 XG: k 2.208□0.859 n 0.407□0.534

Viscosity of emulsions containing 0.5% gums

#### Stability of 0.25% emulsions

- Xanthan, more stable emulsions, Creaming Index follows viscosity trend XG<LBG<GG
- Increase of time and amplitude decreased stability (XG)



Creaming evolution of 0.25% emulsions (10days/50C)

XG 0.25%

#### Stability of 0.5% emulsions



 Decrease of back scattering (dBS)*f*(time)
 □coalescence

Method B
-no significant influence for XG, D50 1.3□ 0.8 µm
(dBS 1.30□1.06%)

-for GG, LBG improved droplet coalescence, smaller droplet size

(GG :dBS 8.65□1.31%, LBG:dBS 8.99□0.90%)

#### WPI emulsions, ph~4

- Coarse emulsions : 2.7% WPI, 20% olive oil, 0.25%XG
- · Ultrasonic emulsification treatments
- -40 to 100% amplitude (constant time, 1min)
- -1 to 4min (constant amplitude, 70%)

Energy input □linear regression with amplitude & time

Temperature rise□ Power law trend

Energy release and temperature rise as a function of sonication amplitude and time

#### Effect of sonication on viscosity

	Sonication treatment	k (Pa-s^n)	n (-)
→ →	No Ultra	24.00	0.181
	40%-1min	11.16	0.196
	60%-1min	4.37	0.309
	80%-1min	3.18	0.331
	100%-1min	2.58	0.354
	70%-1min	4.12	0.308
	70%-2min	2.38	0.359
	70%-3min	1.49	0.420
	70%-4min	(-)*	(-)*

Viscosity properties as affected by sonication

#### Influence of sonication treatment on the viscosity of 1% XG solutions.

\*Power law model not applicable

treatment

(100%-1min) similar effect with (70%-2min)  $\Box$  10 times reduction of K,

3 times increase of n (less shear-thinning)

# Effect of sonication on droplet size





Influence of sonication treatment on droplet size

- Disruption is a kinetic event thus, a minimum sonication time is required to achieve droplet disruption
- Temperature rise facilated droplet disruption
- Higher amplitude and extended time leads to larger droplet disruption (D43)
  - 40% 🗆 D50 1.583, D43 4.530
- · 100%□ D50 0.982, D43 1.793
- · 1min□ D50 1.242, D43 2.776
- · 4min□ D50 0.878, D43 1.268

#### Effect of sonication on creaming

·Increase of amplitude and time□ decrease CI

•Small increase of CI at 4min □ more related to viscosity reduction, droplet size was reduced



Influence of sonication treatment on stability during storage

#### Effect of sonication on creaming



3 min (70%) □CI <u>4.16</u>%, 17.6 kJ

2min (70%) □CI 7.25%, ~11.7kJ

100%(1min) □CI 7.2%, ~8.4kJ



28% Power saving50% Process time

Creaming Index (on day 10) as a function of sonication treatment.

#### Influence of NaCl addition

- 0 mM NaCl□ CI 29.5%
- 100 mM NaCl□CI 19.8%
- "The addition
- of electrolytes, such as sodium increases the viscosity and stability, 0.1% salt for optimum viscosity"

#### Effect of NaCl addition (method B sonication)

## Current work

- AUA: Incorporation of different fractions of fenugreek galactomannans (coarse or purified from protein). Effect of sonication on surface tension properties.
- WUR: Olive oil sub-micron emulsions (WPI& low molecular weight emulsifiers, LbL technique)
   Evi Paximada, Elke Scholten, Erik van der Linden.

# Thank you! Questions?

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